

# THE HAND ILLUSTRATION

(shou tu jie - 手图解)

## **QUESTIONS:** (Wen ti – 问题)

**What keeps you from spending time reading and studying the Bible?**

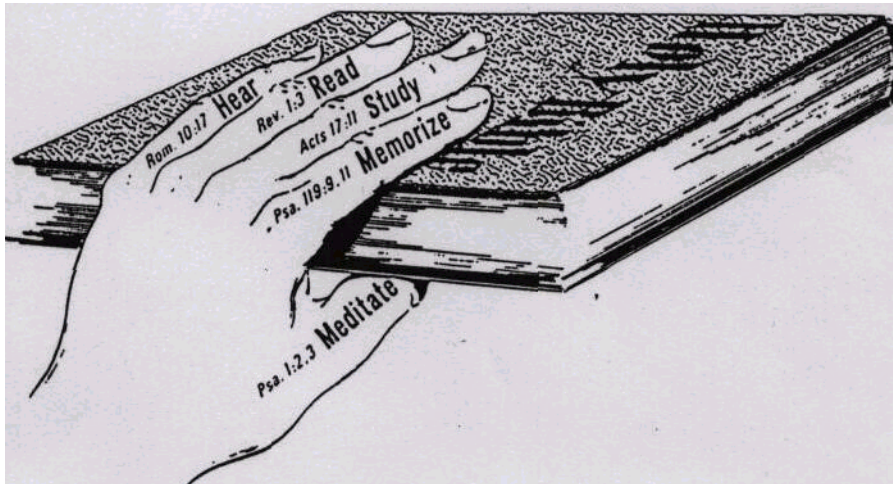
你为什么不用时间去阅读和研究《圣经》 (sheng jing)

- Laziness (lan duo – 懒惰)
- too busy (tai mang - 太忙)
- lack of discipline (ji lv xing tai cha- 纪律性太差)

**What are benefits do you receive from spend time reading and studying the Bible?**

阅读和研究《圣经》之后，你有什么收获？

- 1 It helps us keep out of sin (远离罪恶) • Psa 119:9,11, Psa 119:140
2. It gives direction in life " (生活方向) Psa 119:105, Psa 119:13
3. It guides us in what to pray (学会祷告) John 15:7
4. It helps in knowing God and His commandments (认识上帝)
5. It brings joy to life (喜乐生活) " Jer 15:16
6. It brings peace to life (平安生活) Psa 119:165
7. It gives wisdom and understanding (生活智慧) " Psa 119:130, Prov 2:1-10
8. It outlines a successful life " (成功指南) Josh 1:8
9. It is a mirror reflecting character (认识自我) • James 1:22-25
10. It judges thoughts and motives " ( ) Heb 4:12
11. It restores the soul when one is depressed (重建灵性生活) "Psa 19:7



Word of God  
(Sheng De hua)  
(神的话)

**Hear (Ting – 听)** Rom. 10:17; Prov. 19:27, Luke 8:18, Rom 10:17

**Read (du – 读)**: Rev 1:3; 1 Tim. 4:13; Ex 24:7; Neh. 9:3

**Study (Xue Xi – 学习)**: Acts 17:11. Ezra 7:10, II Tim 2:15

**Memorize (ji zhu – 记住)**: Psa 119:9,11; Prov 7:1-3; Deut. 6:6,7; Psa 37:31

**Meditate (si xiang – 思想)**: Psa 1:2,3 ; Josh 1:8; Psa 119:97,103

Information:

- 66 books in Bible (39 books in the Old Testament and 27 books in the New Testament)
- Written by 40 different men over a period of 1500 years
- Facts about the Bible: 1189 chapters (260 in the NT and 929 in the OT)
- If you read 3 chapters a day you could finish the NT with in three months.

## **APPLICATIONS:** 运用(yun yong)

1. Make a commitment to start reading a chapter a day for one week or one month or one year or until you've read the complete Bible.
2. Make a commitment to read a chapter a day from the book of Proverbs and in one month you will have completed that book.